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P03.10. Homeopathy, an Effective, Practical, and Safe Therapeutic Approach: Principles, Evidence and Examples of Practical Application

Focus Area: Integrative Approaches to Care

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Homeopathy has been in use for more than 200 years and is currently practiced by thousands of physicians worldwide. Homeopathic medicines are safe, non-toxic, without adverse effects or drug interactions and are regulated as drugs by the US Food and Drug Administration in the United States. While homeopathy is gaining popularity in the United States, there is poor understanding and misconceptions about it among physicians. Many medical conditions (eg, pertussis cough, recurrent croup) do not have effective drugs and cannot prevent recurrences or require medications with undesirable side effects. Due to the nature of its preparation, homeopathy is an extremely safe modality that can be used as first-line treatment for many acute or chronic conditions or in conjunction with conventional or other nonconventional therapies. While formal training is necessary in order to use homeopathy for chronic conditions, many acute medical problems can be effectively treated by physicians with a basic understanding of homeopathic principles through the use of simple protocols for certain commonly encountered conditions. The poster will cover basic homeopathic principles, review the evidence for efficacy, and present cases from the authors' experiences. Protocols for common acute medical problems that the participants can use immediately in their clinics or offices will be presented and discussed.

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